

### School Food and Nutrition Policy

This document is freely available to the entire school community. It has also been made available in the school newsletter and prospectus.

#### Aim

To ensure that all aspects of food and nutrition in school promote the health and well being of pupils, staff and visitors to our school.

#### Objectives:

- Review each area of the curriculum to ensure information relating to food and nutrition is consistent and up-to-date.
- Establish Health and Food weeks in school, to include the preparation of food the children have grown themselves.
- Ensure that all children have access to drinks throughout the school day.
- Create a system which will enable pupils, parents and staff to liaise with the school cook to improve nutritional standards and understanding.
- Ensure that staff with responsibility for food have Basic Food Hygiene training.

#### Guidelines:

- Views from pupils and parents will be used to develop existing good practice and initiate improvement where required
- Each class will monitor the nutritional quality of class 'snack' food and drink.
- School Council, PTA and Governors will review the policy.
- Build improvement into School Self Evaluation process (SEF)
- The 'Food in Schools Toolkit' will be used to inform and generate ideas

#### Monitoring and Evaluation:

- Activities associated with Health and Nutrition will be recorded using different media. Children will receive certificates for their participation.
- Articles will be written for the School Newsletter
- Each class will grow and crop their own food using propagators and the raised bed garden
- Pupils will publish and display their work on food and nutrition
- School will be awarded the Enhanced Healthy Schools Standard.
- The Healthy Schools Team will meet each week, minutes will be published
- This policy document was drafted in consultation with the entire school community, including pupils, parents, school staff, Governors, LEA representatives, school cook and local Healthy Schools Standards representative. It will be reviewed annually.

Reviewed April '08

Signed .....

Date .....

